### Lawrence Family Development Charter School

Please visit our school website at [ldcs.org](http://ldcs.org) to view school food menus.

Menus subject to change without notice

<table>
<thead>
<tr>
<th>DEC 1</th>
<th>DEC 2</th>
<th>DEC 3</th>
<th>DEC 4</th>
</tr>
</thead>
</table>
| **Breakfast:** Breakfast Bun, Yogurt, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Chicken Caesar Salad, WW Dinner Roll, Pineapple, Milk | **Breakfast:** Cereal, Yogurt or Fresh Fruit, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Chicken Nuggets, Green Beans, Potato Wedges, Mandarin Oranges, Milk | **Breakfast:** French Toast Sticks, Yogurt, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Sliced Turkey & Cheese Sandwich on WW bread. Potato Chips, Celery Sticks, Applesauce Oranges, Milk | **Breakfast:** Cereal, Yogurt or Fresh Fruit, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Pizza, Garden Salad, Carrot Sticks, Oranges, Milk |

<table>
<thead>
<tr>
<th>DEC 9</th>
<th>DEC 10</th>
<th>DEC 11</th>
<th>DEC 12</th>
</tr>
</thead>
</table>
| **Breakfast:** Cereal, Yogurt or Fresh Fruit, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Sliced Ham & Cheese Sandwich, Potato Chips, Celery Sticks, Mandarin Oranges, Milk | **Breakfast:** Breakfast Bun, Yogurt, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Chicken Patty on a WW bun, Lettuce, Tomato, Steamed Carrots, Peaches | **Breakfast:** Cereal, Yogurt or Fresh Fruit, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Grill Cheese Sandwich, Crinkle Fries, Carrot Sticks, Fruit Cocktail, Milk | **Breakfast:** French Toast Sticks, Yogurt, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Sliced Turkey & Cheese Sandwich on WW bread, With Lettuce, Tomato, Broccoli, Applesauce, Milk |

<table>
<thead>
<tr>
<th>DEC 13</th>
<th>DEC 14</th>
<th>DEC 15</th>
<th>DEC 16</th>
</tr>
</thead>
</table>
| **Breakfast:** Cereal, Yogurt or Fresh Fruit, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Chicken Fingers, Sweet Potato Fries, Celery Sticks, WW Dinner Roll, Fruit Cocktail, Milk | **Breakfast:** Breakfast Bun, Yogurt, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Sliced Ham & Cheese Sandwich, Potato Chips, Carrot Sticks, Applesauce, Milk | **Breakfast:** Cereal, Yogurt or Fresh Fruit, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Hamburgers, WW Bun, Cheese, Potato Wedges, Green Beans, Peaches, Milk | **Breakfast:** French Toast, Yogurt, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Sliced Turkey & Cheese Sandwich, Potato Chips, Carrot Sticks, Mandarin Oranges, Milk |

<table>
<thead>
<tr>
<th>DEC 17</th>
<th>DEC 18</th>
<th>DEC 19</th>
<th>DEC 20</th>
</tr>
</thead>
</table>
| **Breakfast:** French Toast Sticks, Yogurt, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Sliced Turkey & Cheese Sandwich on WW bread, With Lettuce, Tomato, Broccoli, Applesauce, Milk | **Breakfast:** Cereal, Yogurt or Fresh Fruit, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Pizza, Caesar Salad, Pineapple, Milk | **Breakfast:** Cereal, Yogurt or Fresh Fruit, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Sliced Turkey & Cheese Sandwich on WW bread, With Lettuce, Tomato, Broccoli, Applesauce, Milk | **Breakfast:** French Toast Sticks, Yogurt, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Sliced Turkey & Cheese Sandwich, Potato Chips, Carrot Sticks, Mandarin Oranges, Milk |

<table>
<thead>
<tr>
<th>DEC 21</th>
<th>DEC 22</th>
<th>DEC 23</th>
<th>DEC 24</th>
</tr>
</thead>
</table>
| **Breakfast:** Cereal, Yogurt or Fresh Fruit, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Chicken Fingers, Sweet Potato Fries, Celery Sticks, WW Dinner Roll, Fruit Cocktail, Milk | **Breakfast:** Breakfast Bun, Yogurt, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Sliced Ham & Cheese Sandwich, Potato Chips, Carrot Sticks, Applesauce, Milk | **Breakfast:** Cereal, Yogurt or Fresh Fruit, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Hamburgers, WW Bun, Cheese, Potato Wedges, Green Beans, Peaches, Milk | **Breakfast:** French Toast, Yogurt, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Sliced Turkey & Cheese Sandwich, Potato Chips, Carrot Sticks, Mandarin Oranges, Milk |

<table>
<thead>
<tr>
<th>DEC 25</th>
<th>DEC 26</th>
<th>DEC 27</th>
<th>DEC 28</th>
</tr>
</thead>
</table>
| WINTER BREAK | **Breakfast:** Cereal, Yogurt or Fresh Fruit, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Sliced Turkey & Cheese Sandwich on WW bread, With Lettuce, Tomato, Broccoli, Applesauce, Milk | **Breakfast:** Cereal, Yogurt or Fresh Fruit, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Sliced Turkey & Cheese Sandwich, Potato Chips, Carrot Sticks, Mandarin Oranges, Milk | **Breakfast:** French Toast Sticks, Yogurt, 100% Fruit Juice or Milk  
**Snack:** Assorted Fruit/Veg or Grain  
**Lunch:** Sliced Turkey & Cheese Sandwich, Potato Chips, Carrot Sticks, Mandarin Oranges, Milk |

**DECEMBER 2020**

***Each Breakfast will offer Assorted Cereal, Assorted Fruit/Veg, 100% Fruit Juice along with the choice of FF Chocolate Milk/FF White Milk/1% Milk.***