



Lawrence Family Development Charter School

Please visit our school website at lfdfs.org to view school food menus.

Menus subject to change without notice

APRIL 1	APRIL 2	APRIL 3	APRIL 4	APRIL 5
Breakfast: Pancakes, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: WW Spaghetti & Meatballs, Caesar Salad, Pepper strips w/Dip, Peaches, Milk	Breakfast: Waffles, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Chicken Patty on a WW bun, Lettuce, Tomato, Corn, Pineapple	Breakfast: Scrambled Eggs with Bacon, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Hamburgers, WW Bun, Cheese, Potato Wedges, Carrot Sticks, Melon, Milk	Breakfast: French Toast, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Beef Tacos, WG Rice, Pinto Beans, Lettuce, Tomato , Cheese, Applesauce, Milk	Breakfast: Fresh Baked Muffins, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pizza, Garden Salad, Carrot Sticks, Oranges, Milk
APRIL 8	APRIL 9	APRIL 10	APRIL 11	APRIL 12
Breakfast: Bagel w/Cream Cheese, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Chili & Shredded Cheese, Corn Chips, Pepper Strips & Dip, Cantaloupe, Milk	Breakfast: Breakfast Buns, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Sliced Turkey & Cheese Sandwich on WW bun, With Lettuce, Tomato, Broccoli & Dip, Peaches, Milk	Breakfast: Scrambled Eggs with Hashbrown, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Hot Dog on WW Bun, Crinkle Fries, Corn, Apple Sauce , Milk	Breakfast: French Toast Sticks, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Chicken Nuggets, Rice Pilaf, Green Beans, Carrot Sticks & Fruit Cocktail, Milk	No School for Students Staff Professional Development
APRIL 15	APRIL 16	APRIL 17	APRIL 18	APRIL 19
APRIL VACATION				
APRIL 22	APRIL 23	APRIL 24	APRIL 25	APRIL 26
Breakfast: Bagel w/Cream Cheese, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Chicken Fingers, Crinkle Fries, Cucumber Sticks, WW Dinner Roll, Mandarin, Milk	Breakfast: Waffles, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Tuna Fish (or Chicken Salad) Sandwich on WW bun, , Celery & Dip, Peaches, Milk	Breakfast: Scrambled Eggs with Sausage, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pastelón de Papas, WW roll, Corn, Carrot Sticks & Dip, Pineapple, Milk	Breakfast: French Toast Sticks, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Chicken Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato , Cheese, Applesauce, Milk	Breakfast: Fresh Baked Muffins, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pizza, Caesar Salad, Cucumber sticks, Orange, Milk
APRIL 29	APRIL 30			
Breakfast: Pancakes, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Meatball Sub, Corn & BB Salad, Pepper Strips & Dip, Peaches, Milk	Breakfast: Breakfast Bun, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Grill Cheese Sandwich, on WW bread, Chickpea Salad, Broccoli, Cantaloupe, Milk			

***Each Breakfast will offer Assorted Cereal, Assorted Fruit/Veg, 100% Fruit Juice along with the choice of FF Chocolate Milk/FF White Milk/1% Milk.