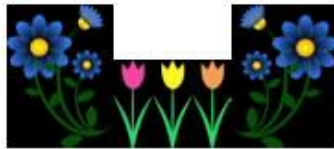




Lawrence Family Development Charter School

Please visit our school website at fdcs.org to view school food menus.

Menus subject to change without notice



JUNE 2018



June 1
Breakfast: Fresh Baked Muffin, Yogurt, 100% Fruit Juice or Milk
Snack: Assorted Fruit/Veg or Grain
Lunch: Pizza, Caesar Salad, Cucumber sticks, Orange, Milk

June 4	June 5	June 6	June 7	June 8
<p>Breakfast: Bagel w/Cream Cheese, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain, Milk Lunch: Meatballs w/WW Bosco Sticks, Garden Salad, Fruit Cocktail, Milk</p>	<p>Breakfast: Breakfast Bun, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain, Milk Lunch: Baked Mac & Cheese, Broccoli, Cran/Orange Salad, Pears, Milk</p>	<p>Breakfast: Scrambled Eggs with Hashbrown, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain, Milk Lunch: Chicken Teriyaki, Rice Pilaf, Green Beans, Carrot Sticks & Fruit Cocktail, Milk</p>	<p>Breakfast: French Toast Sticks, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Sliced Turkey & Cheese Sandwich on WW bread, Broccoli, Peaches, Milk</p>	<p>Breakfast: Fresh Baked Muffin, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pizza, Garden Salad, Carrot Sticks, Oranges, Milk</p>
June 11	June 12	June 13	June 14	June 15
<p>Breakfast: Pancakes, Fresh Fruit, Milk Snack: Assorted Fruit/Veg or Grain Lunch: Chicken Fingers, Crinkle Fries, Celery Sticks, WW Dinner Roll, Mandarin, Milk</p>	<p>Breakfast: Waffles, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: WW Spaghetti & Meatballs, Caesar Salad, Pepper strips w/Dip, Peaches, Milk</p>	<p>Breakfast: Scrambled Eggs with Bacon, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain, Milk Lunch: Grill Cheese Sandwich, Potato Wedges, Broccoli & dip, Peaches, Milk</p>	<p>Breakfast: French Toast, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Chili & Shredded Cheese, Corn Chips, Pepper Strips & Dip, Cantaloupe, Milk</p>	<p>Breakfast: Fresh Baked Muffin, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pizza, Garden Salad, Carrot Sticks, Oranges, Milk</p>
June 18	June 19	June 20	June 21	June 22
<p>Breakfast: Waffles, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain, Milk Lunch: Chicken Patty on a WW bun, Lettuce, Tomato, Corn, Pineapple, Milk</p>				
June 25	June 26	June 27	June 28	June 29

***Each Breakfast will offer Assorted Cereal, Assorted Fruit/Veg, 100% Fruit Juice along with the choice of FF Chocolate Milk/FF White Milk/1% Milk.

