

**Wellness Advisory Committee SY 23-24**  
**Tuesday November 7, 2023**  
**4:00pm**  
**Lower School Second Floor Conference Room**

**Goal: Solidify membership and meeting calendar, approve the School Wellness Policy, and identify priority goals with action steps toward next meeting**

Introductions

- Review membership list and further needs
  
- Determine liaison to Board of Trustees

School Wellness Policy

- Review of proposed changes
- Recommend/accept changes for approval by Board of Trustees

Compost Update

- Masa and Justin present data

Establish Goals and objectives for SY

1. Recap of past years' accomplishment of goals, need for continued work:
  - Allergy Policy and Procedures
  - Bullying Prevention and Intervention
  - Nutrition Curriculum Classroom and food from home
  - SEL and Wellness Curriculum
  - Suicide Prevention
2. Proposed ideas: Nutrition, Physical Education and Activities, Health Education and Support incorporating SEL

Establish Meeting calendar for remainder of school year (required: minimum of four meetings)