

Wellness Advisory Committee SY 23-24
Wednesday March 13, 2024
Lower School Second Floor Conference Room and ZOOM
4:00pm

Goals and objectives: Maintain current committee structure by

- Describing member wellness related activities since last meeting
- Highlighting new and continuing activities with action steps and responsibilities
- Introducing School Wellness model from FSU class

Introduction

- Welcome all new and returning members
- Brief review of goals/objectives for this meeting

Wellness activities in Progress

- Individual areas share

Compost Update

- Masa: Data year to date, classroom recycling plan
- Justin: Introduce breakfast composting

New activities

- Justin: review of water bubbler access throughout buildings
- Bullying survey: must be done this year per LFDCS policy

“School Wellness for Student Success” FSU course update

- Wellness model for review and further discussion
- Self-assessment follow up from 2/7 meeting

Communication of activities and accomplishments—ongoing ideas

- Schoology posts with highlights after each meeting
- Website: create a team to discuss high-level ideas

Action steps to next meeting

Next meeting May 8, 2024