

Wellness Advisory Committee SY 23-24
Wednesday January 17, 2024
4:00pm
Lower School Second Floor Conference Room

Goals and objectives: Solidify committee structure by

- Describing member wellness related activities already in progress
- Identifying ways for members to support other members and their teams in those activities
- Creating structure around student involvement in the committee
- Developing communication strategies for sharing progress and accomplishments
- Determining action steps and responsibilities for next meeting

Introduction

- Welcome all new and returning members
- Brief review of goals/objectives for this meeting

Member wellness-related activities overview

- Individuals share

Compost Update

- Masa and Justin present data

Student Involvement Structure

- What they bring to the table: reporting activities, etc
- How we'd like them to participate in committee
- Attend for a specific timeframe within each meeting but participate in activities outside of meetings

Communication of activities and accomplishments

- Schoology posts
- Bulletin Boards
- Website: proposed ideas

Member support of current activities/action steps to next meeting

FYI: Rachel Sanchez will participate in DESE/FSU course, "School Wellness for Student Success"
January 22-February 16

- Report next meeting!

Next meetings March 13 and May 8, 2024