

**Wellness Advisory Committee SY 23-24**  
**Wednesday May 8, 2024**  
**Lower School Second Floor Conference Room and ZOOM**  
**4:00pm**

**“To leave the world better than you found it, sometimes you have to pick up other people’s trash.”**

—*Bill Nye, the Science Guy, engineer, science communicator and TV presenter*

**“I only feel angry when I see waste. When I see people throwing away things we could use.”**

— *Mother Teresa*

**Goals and objectives:**

- Describe activities and accomplishments through the year
- Identify ongoing actions to end of year
- Membership and general ideas for next school year

**Introduction**

- Welcome all: Thanks to students for participating, Taylor and Sandra for joining committee
- Brief review of goals/objectives for this meeting

**Activities and Accomplishments**

Social and Emotional Climate

- Student Success Stories
- Bullying Survey: Implementation Plan
- Enrichment: next SY
- Cartwheel partnership: FYI

Environmental Impact

- MA DEP—Reduce, Reuse, Repair Micro-Grant for Bubblers
- Compost & Recycling: data year to date, breakfast composting, classroom recycling pilot
- The Green Team: description and participation
- Green Streets Initiative

Physical Education/Activity

- Field Day: Final Plans!

Health Services

- New Students: intake info update
- Food Allergy Circle of Support: review and revise for new SY

Nutrition Environment and Services

- Academy Snacks: Survey in progress
- K1 & K2 mealtime cafeteria adjustments
- Food from home expectations: parents, staff for new SY
- Menu Refresh: US Taste Test Tuesdays recap, Nutrition Month display

Employee Wellness

- Nutrition Month: staff engagement
- April Professional Development Day: Wellness presentation
- Teacher Appreciation Week: FYI

Communications

- Website: review draft ideas

## **New School Year**

Membership: Can we count you in??! Other member suggestions

- Day and time considerations

Whole School, Whole Community, Whole Child (WSCC) Model

- Wellness Policy: update using model for new SY
- Current Agenda sections: sample guide for wellness work/reporting over time

Other pressing ideas beyond continuing the great work we are doing?!

## **Action steps**

No more meetings until next year!