



LFDCS COVID-19 Protocols for SY 2023-2024

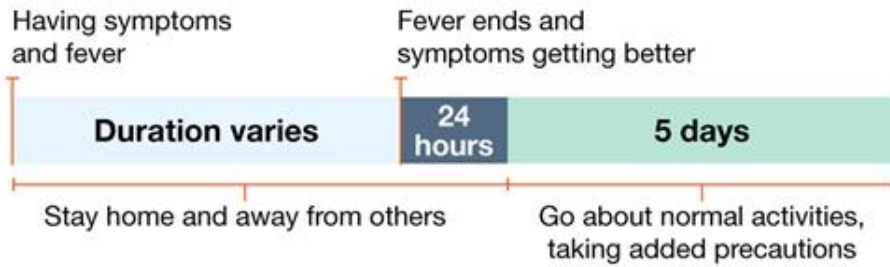
Revised March 12, 2024

LFDCS has updated the Covid 19 protocols based on the revised guidelines issued by CDC on March 1, 2024. Stay home and away from others (including people you live with who are not sick) if you have respiratory virus symptoms that aren't better explained by another cause. These symptoms can include fever, chills, fatigue, cough, runny nose, and headache, among others. A significant change is that quarantine is no longer required in most circumstances.

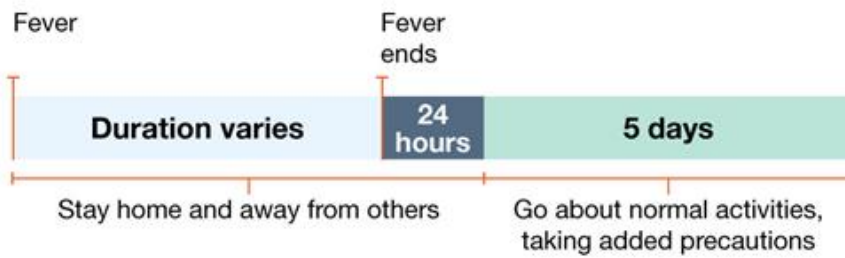
1. You can go back to your normal activities when, for at least 24 hours, both are true:
 - Your symptoms are getting better overall, and
 - You have not had a fever (without using fever-reducing medication).
2. When you go back to your normal activities, over the next 5 days you must wear a mask and take additional precautions for cleaner air, hygiene, and physical distancing.
3. If you develop a fever or start to feel worse after you have gone back to normal activities, stay home and away from others again until, for at least 24 hours, both are true: your symptoms are improving overall, and you have not had a fever (without using fever-reducing medication). Then take added precautions for the next 5 days as described above.

See examples on the next page.

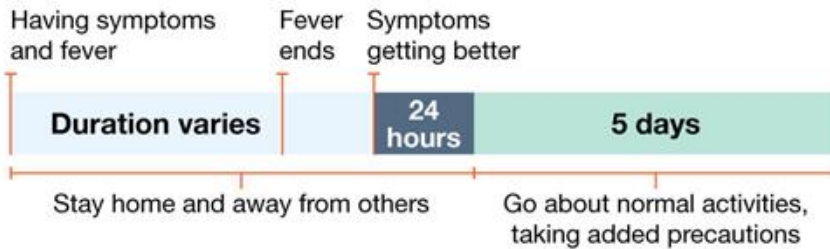
Example 1: Person with fever and symptoms.



Example 2: Person with fever but no other symptoms.



Example 3: Person with fever and other symptoms, fever ends but other symptoms take longer to improve.



Example 4: Person gets better and then gets a fever.

